

## TREMESHA BEY

We are excited to introduce you to Tremesha for this month's Staff Spotlight! Tremesha is a Resident Service Coordinator for the Gustafson Apartments at OTR. She assists with helping residents apply for different aid or benefits, mental health services, plan and implement programming, transportation assistance, conflict resolution, linking residents to community resources, and so much more. She also conducts assessments so that she can meet residents' needs. Tremesha has worked at OTR for two years, and she is highly regarded by both OTR staff and residents.

**"I WISH THAT PEOPLE WOULD KNOW THAT OUR RESIDENTS ARE VERY STRONG, AND THAT THEY HAVE SUCH AMAZING AND INTERESTING STORIES TO SHARE. I AM ALWAYS INSPIRED WHEN IT COMES TO WHAT THEY HAVE BEEN THROUGH OR EVEN WHAT THEY ARE CURRENTLY DOING." - TREMESHA BEY**

### ➔ What do you like most about your work?

"I like the fact that everyday is different at work, and I love connecting residents to resources and programming that can aid in them having a positive independent living experience."

### ➔ What are 3 words to best describe you?

"Persistent, Ambitious, and Caring"

### ➔ How has OTR helped you in your career development?

"OTR has been very supportive in encouraging me to become a licensed social worker. I am now in the process of obtaining my Masters in Social Work degree at Aurora University. I have been mentored and inspired by my manager Alex Matthews and supervisor Katie Miglore who are both Licensed Clinical Social Workers."

### ➔ What do you like to do when you're not working?

"During the times that I am not working I love to hang out with my loved ones, travel, write poetry, make candles, take care of my pet turtles, volunteer with my sorority, and binge watch a good television show with some snacks on hand."

### ➔ What is your motto or personal mantra?

"We may encounter many defeats but we must not be defeated". -Maya Angelou

### ➔ What has been your proudest moment at OTR?

"My proudest moment was being the first Resident Service Coordinator to start up programming at Gustafson Apartments in Waukegan, Illinois. I was able to see how excited residents were to have art class, bingo, and music therapy for the first time ever at the building."

